





## MATERNITY RIGHTS AND BENEFITS INTRODUCTION

Cittadinanzattiva, with the support of the Ministry of Labour and Social Policies, has developed a project on improving access to pregnancy and maternity services by immigrant women. The project is inspired by the need to ensure that all women and their children have the same access to services during pregnancy and childbirth, regardless of ethnicity and social status and with equal dignity and safety. Furthermore, the project intends to contribute to build a set of pathways towards improvement in the field of maternity protection through a civic and participatory approach.

The first step was a civic survey in health care facilities and hospitals, interaction with the stakeholders, joint definition of a Charter of Birth and Maternity Services and improvement programs of access to maternal and child services.

The project is structured on the following main points:

- 1. setting up a civic monitoring study on the access by pregnant immigrant women to hospitals and territorial health care facilities;
- 2. the definition of tools for empowerment and for the improvement of access for pregnant immigrant women and children to maternal care services through the setting up and the promotion of Charters of Birth and Maternity Services, integration of the already existing charters in the health structures involved and by agreements for the carrying out of regular Civic Audits;
- foster direct involvement of immigrant women in the implementation of civic actions in order to improve accessibility of services for both mothers and their children.

This handbook is designed to facilitate the relationship between immigrant women and health and social care services, in particular as regards access to services, explaining the relevant rights and providing the main information about the existing facilities on the territory.



## **RESIDENCE PERMIT**

The residence permit is the document that certifies your legal presence in Italy.

<u>WARNING</u>: The residence permit is not to be confused with the "VISA" which only allows entry in Italy whereas the residence permit allows you stay.

The residence permit can be issued for:

- dependent, seasonal or self-employment;;
- applicants waiting for employment;
- special activities (entertainment, nurses, sports, etc.);
- family reasons;
- study;
- foster care;
- acquisition of Italian citizenship or stateless status;
- religion or belief;
- · business, assignment;
- political asylum, subsidiary protection and humanitarian reasons

You can apply for a residence permit within eight working days from your arrival in Italy by using the KIT available at all the Italian Post Offices which have the "Sportello Amico" service entering the details of your entry visa issued by the Italian Consulate in the country of origin, of a valid passport or equivalent document and the documents which show that you have both accommodation and financial means of support at your disposal.

# Should you need any assistance in completing the KIT apply at Trade Union offices or at the Italian Welfare Agencies (Patronati).



## THE SSN - ITALIAN NATIONAL HEALTH SYSTEM

The SSN comprises the functions and welfare activities carried out by the Regional Health Services, national agencies and institutions and by the State to ensure the protection of health as a fundamental right of every individual. It is a public system which guarantees health care to both Italian and foreign citizens.

The SSN is funded by the State through taxation and by the Local Health Agencies through direct income from the "co-pay" system (i.e. amounts contributed by the patients to the total cost of each service) as well as through services paid directly by the patient.

The State has the responsibility to ensure all citizens the right to health through a strong system of guarantees through the Livelli Essenziali di Assistenza (LEA) – Basic Welfare Levels. The LEA are the facilities and services that the National Health System is required to guarantee to all citizens, either free or partly paid by the patient through the resources collected through the taxation system.

The services guaranteed in accordance with the basic levels of assistance belong to three groups:

- collective health care in living and working environments, which includes all prevention activities targeted at both the community and the individual (protection from the effects of pollution, workplace accident risks, veterinary services, food protection, prevention from infectious diseases, vaccinations and early detection programs, forensics);
- 2. local assistance, namely the social and health services, such as GPs (Family doctor), pharmaceutical services, specialized diagnostic services and outpatient provision for prosthesis to the disabled, home care service for the elderly and the seriously ill, local advisory services (family



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counselling, SERT -Servizio per le Tossicodipendenze – Support Services for Drug Users-, mental health services, rehabilitation services for the disabled, etc.), semi-residential and residential structures (homes for the elderly and the disabled, day care centres, residential homes and therapeutic communities);

**3.** hospital care, A&E, hospitalization, day hospital and day surgy, hospitalization in facilities for rehabilitation and long-term patient and so on.



## HEALTH CARE AND IMMIGRATION

# In Italy, health care is guaranteed to all Italian and non EU immigrants regularly or irregularly present in the country.

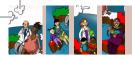
When you sign up to the SSN you will receive a document, the "**Tesserino Sanitario Personale**" (Personal Health Card), which entitles you to receive medical care either free of charge or against payment of a health ticket (contribution paid by the patient under the co-pay system). The cost of the ticket depends on the region in which you reside and on your income.

Each region has different regulations related to the "Guidelines for the correct application of the rules and regulations regarding health care for foreign citizens by the Italian Regions and Autonomous Provinces" approved by the Permanent Conference for relations between State, Regions and Autonomous Provinces of Trento and Bolzano. This document foresees that every region supply a list of all health services for immigrants specifying also the methods by which the services are made available. This is a new document; therefore the guidelines have not yet been defined.

The right to health concerns the following services:

- · specialist medical examinations;
- home visits;
- hospitalization;
- vaccinations;
- blood tests;
- X-rays and ultrasounds;
- medication;
- prosthetic rehabilitation assistance.

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# If you hold a valid residence permit (or if you have applied for renewal) you must compulsorily register with the SSN in the case of:

- · dependent and self-employment or while waiting for employment;;
- family reasons;
- political asylum;
- subsidiary protection or humanitarian reasons;
- request for asylum or foster care;
- the acquisition of the Italian citizenship.

#### Registration with the SSN is optional if you:

- are a student or if you are an au pair worker even for periods of less than three months;
- hold a residence permit for elective residence and do not work, if you are a member of religious, diplomatic or consular personnel or in all other cases when registering to the SSN is not compulsory.

Voluntary registration with the SSN requires a payment of an annual fee. Payment must be made into a regional Post Office current account and the number will be supplied by the ASL (Local Health Service) where you reside upon request.

If you are a foreigner legally residing in Italy for a period longer than three months and you are not registered with the SSN, you are obliged to insure yourself against the risk of illness, accident and maternity leave, by buying a private insurance policy.



## HOW TO REGISTER WITH THE SSN:

- registration is free, it is also valid for dependent family members of immigrant citizens, as long as legally residing in the country;
- registration is valid for the duration of the residence permit and does not expire during the renewal period: it can therefore be renewed also by producing to the ASL evidence in support of the request for renewal of a residence permit;
- in the event of non-renewal or withdrawal of the permit, or in the case of deportation the registration ceases to be valid, unless the person concerned proves that he or she has filed an appeal against this measure;
- registration must be made at the Local Health Agency (ASL), where you can choose your GP and your family paediatrician. The ASL releases a health card

   Carta Regionale dei Servizi (CSR)- Regional Service Card - which allows you to make use of all the benefits provided by the health care system;
- the documents required to register with the SSN are: a personal identity card/ document, fiscal code, residence permit, self-certification of residence or of domicile.



#### If you do not have a residence permit:

- you can benefit from urgent or essential health care and outpatient or hospital care for as long as needed in case of illness and/or accidents as well as preventive medical programs, using the STP code - Straniero Temporaneamente Presente (Temporarily Present Foreigner National);
- access to health facilities will not in any case result in being reported to the Authorities;
- you cannot be deported if you are a pregnant woman or within 6 months after childbirth. In this case, you can apply for a residence permit for medical care (along with your child's father if married and living together), renewable until your child is 6 months old and registering yourself to the SSN producing documentation proving your pregnancy.



## WHAT IS THE STP CODE AND HOW TO APPLY

The STP is a document used in place of the national health card by non-EU immigrants without a residence permit.

The STP card may be issued by any ASL and hospital, regardless of the domicile or place of residence of the applicant.

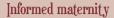
In order to obtain the STP card it is necessary to sign a "statement of destitution." By signing this document you will have the same rights as any Italian citizen. This means that, when applicable, a contribution (ticket) should be paid for the services. Foreign nationals are requested to supply the following information which will be registered by the ASL: name, surname, gender, date of birth, STP code, address, nationality, date of release of the STP card. **This information will not, in any case, be forwarded to provincial police offices (Prefetture) for reporting purposes**.

The ASL must in any case register the personal data supplied by the applicant also in the absence of identity documents. If the immigrant wishes to remain anonymous, the card can be issued without the indication of the name and the surname.

The STP code is valid throughout the country, lasts six months and can be renewed.

To obtain the STP card usually no document should be required. Sometimes, however, the passport is required to be able to write correctly name and surname of the applicant. This essentially serves to protect the patient (e.g. in case family members or the patient's Consulate must be contacted).

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## **MATERNITY AND STAY IN ITALY**

#### If you do not yet hold a residence permit and you are expecting a baby:

- you cannot be deported
- you can apply directly to the local Police Offices (Questura) for a residence
  permit "for medical care/maternity", valid from the day the pregnancy is
  certified and up to when the child is 6 months old by presenting a medical
  certificate and a declaration of domicile (this residence permit can also be
  applied for by the child's father when registering the birth, if you are married
  and living together). The residence permit for medical/maternity reasons does
  not allow you to be employed and is neither renewable nor convertible;
- you are always entitled to continuous urgent inpatient and outpatient care
  or to those services considered essential during pregnancy and childbirth,
  at public hospitals or at those structures operating within the SSN. You will
  receive the same treatment as any Italian citizen even in the absence of
  documents;
- you can register the birth of your child at the hospital or at the local registry
  office without running the risk of being reported; likewise, the father of the
  child, even if illegally present in the country and also in the cased you are not
  married with him, can recognise his natural child without any risk;
- you can apply to the courts for the recognition of paternity if the father does not wish to recognize the child.

#### If your children are minor and you hold a residence permit:

- up to 14 years of age, children are registered in your residence permit or in your and/or the father's EC permit for long-term residents (former residence card). (The child will be issued a personal card associated with that of the parent);
- after 14 years of age, children will be issued a residence permit for family



reasons (or an EC residence permit for long-term residents if the parents already hold such a permit);

 at the age of 18, having come of age, children are entitled to a residence permit for study reasons, for dependent/self employment or when waiting for employment. Moreover, they can renew their residence permit for family reasons, as long as their parents can prove to be earning a sufficient income to support them.

ATTENTION: Foreign nationals who were born to parents, who are legal residents and have legally and continuously resided in the country from birth until adulthood, can apply for Italian citizenship. The application shall be submitted within the nineteenth year of age to the municipality of residence.

#### If your children are minor and you do not hold a residence permit:

- you can obtain a residence permit for family reasons if your children are
  registered in the father's residence permit even if you are not married with
  him. It is essential, however, that you have had a previous residence permit
  which has expired within the previous year (even in the case of a residence
  permit granted for medical/pregnancy reasons) and the father can prove
  both the accommodation and income requirements foreseen for family
  reunification are fulfilled.
- in the case of serious reasons related to the physical and mental development
  of the child who is living in Italy, the Juvenile Court may authorize the entry
  or the residence of a family member, granting the latter a permit "for child
  assistance" which allows you to work regularly but cannot be converted into
  a residence permit for work reasons.
- even if their position is not regular, your children are entitled to health care and are subject to compulsory education.



## FROM PREGNANCY TO CHILDBIRTH: HEALTH SERVICES

#### Pregnancy

If you are not sure whether or not you are pregnant, pay attention to the following signs:

- · menstruation does not occur when expected;
- menstruation occurs in a very different way from previous one. For example you have morning sickness, vomiting and the urge to urinate frequently.

If you discover that you are pregnant you can contact a family counselling centre where operators will welcome you and where you will be able to undergo periodic tests and examinations throughout the period of pregnancy. Foreign women, even if they are not residence permit holders, may avail themselves of free medical care at any family counselling centre. The law forbids the medical staff to report any illegal immigrants using these services.



# FAMILY COUNSELLING CENTRES: what they do and when you can contact them

Counselling centres are a public service directed mainly to women's health care, where singles, couples, young people, families can turn to for help and support on social and health problems. These facilities guarantee confidentiality and professional secrecy.

Family counselling centres have a number of operators who you may find useful: health operators (doctors and nurses, social workers, psychologists – male and female -, sometimes professional educators/pedagogues are available as well as psychotherapists, legal counsellors and family mediators. It is also possible to request being examined only and exclusively by female gynaecologists, midwives and nurses.

#### SERVICES OFFERED

**Pregnancy**, post-birth assistance and breastfeeding support, **contraception**, **voluntary termination of pregnancy** (VTP/abortion), cancer prevention (pap test), menopause, family mediation in support of situations of separation or divorce, fertility, infertility, **violence and mistreatment against women**, legal advice, counselling for **anonymous childbirth**.

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#### All examinations regarding childbirth protection are free of charge.

Prescriptions for diagnostic and laboratory tests and specialist examinations are supplied by general practitioners or by specialists working at the medical structures operating within the SSN and in the family counselling centres. The list of such services is included in the Ministerial Decree dated 10 September 1998 and its attachments and are generally given free of charge:

- · periodical obstetrical gynaecological examinations;
- tests to be carried out before conception in order to exclude the presence of factors which might affect negatively the pregnancy. If the couple's clinic or family history shows possible risks to the foetus, all necessary and appropriate care in order to ascertain possible genetic defects can be prescribed by the specialist doctor free of charge.
- all diagnostic tests for each period of pregnancy carried out to keep physiological pregnancy under control. In the risk of miscarriage all necessary specialist examinations to monitor the evolution of the pregnancy are included;
- all appropriate and necessary services for prenatal diagnosis during pregnancy when the foetus is at risk;
- all appropriate and necessary therapies for the treatment of diseases (preexisting or arisen during pregnancy) which could put the mother or the foetus at risk, normally prescribed by the specialist.

ATTENTION: always ask your gynaecologist for the list of tests required during pregnancy.



#### Childbirth

You can give birth, for free and in a safe environment, choosing from the hospital facilities available in the area and equipped for childbirth. If you contact the family counselling centre, operators will put you in contact with the structures available in the area where you live and which childbirth facilities are available in the structure of your choice.

Your husband, your partner or a person of your choice may be with you during labour and delivery. In some hospitals the newborn may remain close to the mother, in others babies are kept in a special ward called "NIDO". In some cases, in the presence of conditions or clinical complications that prevent natural childbirth it could be necessary to resort to a caesarean section.

## WHAT IS A CAESAREAN SECTION

The caesarean section (CS) is a surgical procedure whereby the gynaecologist extracts the foetus from the mother's womb. It can be programmed if decided upon before labour or can be an urgent procedure if the conditions of the mother or of the foetus during childbirth make it necessary. It is an intervention which can be performed either under general or local anaesthesia.

ALWAYS ASK BOTH THE SURGEON AND THE ANAESTHESIST INFORMATION ON THE TYPE OF INTERVENTION WHICH HAS BEEN DECIDED TO BE PERFORMED AND ALWAYS REMEMBER TO READ AND SIGN THE INFORMED CONSENT FORM. IF YOU HAVE ANY DIFFICULTY IN UNDESTANDING THE CONTENTS OF THIS FORM ASK THE HEALTH OPERATORS TO EXPLAIN IT TO YOU.

The Informed consent form is a document that informs you of the type of intervention and its risks.



#### Health care after childbirth

Upon returning home after childbirth you may need support, information, and assistance for both yourself and your child. After giving birth, you will be in a PROTECTED DISCHARGE position. This means that, upon request by the doctors, you must go back to the hospital so that both your health and that of your child can be checked.

You can also contact an advisory centre in the area near your home and ask if there are any midwives who can visit you after childbirth for a health evaluation and counselling on contraception (prescription, application method of contraception), if there are any activity groups in your area (postnatal and baby feeding support groups; groups organising child massage; theme groups for parents), if there are any associations which can support you during the child feeding period.

#### **Depression after childbirth**

Postnatal or post partum depression is a mood disorder which affects 10-20% of women in the period immediately following childbirth.

Symptoms of postnatal depression are crying spells, mood changes, general irritability, and loss of appetite, insomnia or difficulty in staying awake, the absence of interest in daily activities and/or towards the newborn.

In the cases when proper postnatal depression is diagnosed antidepressants can be prescribed taking into account the possible side effects on both the mother and the newborn, especially if you are breastfeeding (most of the drugs are counter indicated for breastfeeding and in any case all the molecules taken by the mother pass through the blood into the her milk). Medical therapy should be



combined with psychological support or proper psychotherapy offered directly by the health service.

#### Medical care for the newborn: your paediatrician of choice

Each child from 0 to 14 years of age has the right to have his/her own doctor, who is the **paediatrician**. In Italy every child has the right to be taken care of by a paediatrician, even in the case of migrant mothers, registered with the SSN or holders of the STP card.

The rules regulating health care for your child are the same rules established for you:

- if you hold a residence permit and you fall within the categories for whom it is compulsory to register with the SSN, also your child must registered and have his/her paediatrician, according to the rules described above.
- If you hold a residence permit but you belong to a category who may choose not to join the SSN also your child will follow the same procedure: i.e. buying an insurance policy or payment of an annual set sum as contribution for the registration.

If you do not hold a residence permit you can apply for a STP card for your child as well, as previously stated. Contact the nearest ASL where you will be given the address of a counselling centre or that of a paediatrician.

ATTENTION: a paediatrician does not only take care of a child when he/ she is ill but has also the task of monitoring the child's growth through periodic examinations and screening tests.



Vaccinations are very important for the health of the child and the community.

In Italy vaccinations are divided into:

- mandatory: the law provides that all children be vaccinated and ASL send an invitation with the date and the place in which they will be given;
- recommended: for all recommended vaccinations ASL will send an invitation with the date and place in which they could be given;
- optional: parents are not obliged to give their children certain types of vaccination but the paediatrician may advise them that they should be given the basis of the child's clinic history. In this case, the parents must contact the ASL to fix an appointment.

#### Voluntary termination of pregnancy (abortion)

If you are expecting a baby, but you are not sure you want to continue the pregnancy, you will find specialised staff operating with the **counselling centres** who will listen to you and support you in your choice. The decision to terminate the pregnancy is always a difficult and dramatic moment in the life of a woman and no woman can deal with it superficiality, lightness and solitude. The reasons which may bring you to such decision are manifold.

The health care centre operators will help you to check if there are any services in your area which can help you to overcome your problems, be they economic, social or regarding family.

In Italy it is legal to terminate a pregnancy within the first 90 days after conception which correspond in terms of ultrasound scan to 12 weeks and 6 days. Voluntary interruption of pregnancy is confidential and does not need the father's consent. Foreign women, even without a residence permit, may apply for a free abortion. After 90 days of pregnancy, termination is only permitted for therapeutic purposes, i.e. when the mental and physical health of the woman is



at risk. In Italy termination of pregnancy can be practiced exclusively in health structures such as hospitals, clinics etc.

In order to resort to abortion it is necessary to produce a certificate stating the date when the pregnancy began; this document can be issued by the gynaecologist and after seven days you can undergo the operation at the hospital you have chosen. However, you can change your mind at any time before the operation and continue the pregnancy having discussed the issue with the health operators.

If you are a minor and are expecting a baby and you want to resort to an abortion you can do it with the permission of both your parents. If you do not want to inform your parents or they are not present at the time, an authorisation is required by a judge supervising cases concerning guardianship (giudice tutelare); you will find support from social workers and psychologists at counselling centres.

Voluntary interruption of pregnancy is not a contraceptive, does not preclude the possibility of having further pregnancies, but if repeated it may compromise the health of the woman.



## **CONTRACEPTION**

You can avoid unwanted pregnancies with the proper use of contraceptives. The most common contraceptive methods are:

#### THE CONDOM:

The condom (effectiveness 85% to 98%) is a contraceptive. It consists of a thin sheath of natural rubber which covers the erected male organ before each sexual intercourse to prevent the sperm from entering the vagina. The condom is the only effective contraceptive method against the risk of HIV/AIDS and other sexually transmitted diseases (hepatitis, syphilis, and gonorrhoea).

#### THE VAGINAL DIAPHRAGM

The vaginal diaphragm (real effectiveness 84%) is a soft rubber cap with a thick rim covering the opening of the vagina up to the uterus. It should be smeared with cream, or spermicidal lubricant before being inserted into the vagina prior each intercourse (2/3 hours before). It must not be removed before at least 6 hours since the last intercourse. You should visit a gynaecologist to establish the size and type to use. Its use can be discontinued at any time.

#### HORMONAL CONTRACEPTION

Hormonal contraceptives are small doses of hormones which, taken continuously, reduce by 99.9% the chance of a pregnancy. These contraceptives are:

- the Pill (effectiveness 92% to 99.7%) is the most common hormonal birth control
  method; it is taken by mouth daily and each pill has its own instructions for use.
  There is a type of pill, called POP ideal for women who are breastfeeding and
  has no side effects on the child. Most of the pills are not free, although there are
  certain types which are free of charge whose prescription can be obtained at the
  counselling centres.
- the Vaginal ring (effectiveness 92% to 99.7%) is a ring of transparent and flexible



material to be inserted in the vagina between the first and the fifth day after the beginning of menstruation. It should be changed every three weeks with an interval of seven days.

 the Contraceptive patch (effectiveness 92% to 99.7%) is applied to any part of the body and must adhere well to the skin. It should be replaced every seven days, observing a break every three weeks during which the contraceptive efficacy remains intact.

#### THE IUD COIL

The IUD coil (effectiveness 99.4%) is a birth control device made of plastic and copper that prevents the fertilization process. It must be inserted and removed from the uterus by the gynaecologist and its duration is from 3 to 5 years. It is not recommended to young women who have not yet given birth.

#### NATURAL BIRTH CONTROL METHODS

Natural birth control methods (BBT- Basal Body Temperature, Knaus-Ogino, Billings, effectiveness 75% to 91%) are based on abstention from natural intercourse during the fertile period, calculated according to the method chosen.

These methods are not very reliable because it is not easy to recognize the signs of ovulation and also due to the variability of the woman's cycle.

Coitus interruptus (rejected sexual intercourse) is the timely removal of the penis from the vagina before ejaculation. It has low efficiency since in the lubricating fluid produced by the man at the beginning of the relationship there may already be sperm capable of fertilization.

#### **EMERGENCY CONTRACEPTION**

The "morning-after pill" is not a contraceptive method and should only be used in emergency. The tablets are to be taken after unprotected sexual intercourse and should be taken within 48 - maximum 72 hours after the intercourse.

A good alternative is the insertion of the coil (by the gynaecologist) within 5 days from the intercourse.



## **MATERNITY AND WORK**

Maternity protection is regulated by law and by national labour contracts. Therefore, many of the rights of immigrant women expecting a baby depend also on their type of work.

#### If you are a regular employee:

- you cannot be dismissed from work from the beginning of pregnancy until one year of age of your child, except for just cause;
- you are entitled to maternity leave (you do not work but you still receive your salary) two months before the expected date of birth and three months after the birth of your child, or a month before giving birth and four months after birth; during this period you are entitled to a maternity allowance (80% of your salary depending on your employment contract);
- you can also ask for parental leave (optional leave) until your child is eight, for a maximum of 6 months; also the father of the child can apply, for a total of 7 months. The parental leave requested by both parents cannot exceed 11 months. During this period your salary will be reduced to 30% for six months and also for the subsequent periods only if you do not exceed a certain income;
- you are entitled, after the birth of the child, to two hours a day for feeding time; if you work six hours a day you are entitled also to time off if your child is ill;
- if you have a difficult pregnancy or if your work is classified as heavy you can ask for advanced leave from work (i.e. the prohibition to work) by contacting the competent labour inspectorate.

#### If you are a house cleaner/maid:

 you are entitled only to a 2 month maternity leave before and 3 months after childbirth. To be entitled to maternity benefits (i.e. to receive your salary) you should have paid at least 6 months of weekly social security contributions



during the previous year or, alternatively, 1 year of social security contributions in the two year period preceding the period of leave. You cannot be dismissed from work during the period going from pregnancy to the end of the maternity leave;

- in the case of high-risk pregnancy you can contact the competent labour inspectorate;
- in the event of resignation submitted before the end of the maternity leave your are not obliged to give notice to your employer.

#### If you are a term-contract worker:

- you are entitled to early maternity leave in the case of a difficult pregnancy and your work is classified as heavy;
- you are entitled to maternity leave as any female employee (i.e. you can leave work for 5 months);
- you can apply for parental leave for 3 months, but only until your child is one year old;
- the maternity allowance is not paid by your employer but you have to present a request directly to INPS (National Institute of Social Security).

Should you have any difficulty regarding the services mentioned in the previous pages, or if you need any information or protection of your rights please contact the relevant office at the Tribunal for Patients' Rights of Cittadinanzattiva closest to you or the national headquarters of Cittadinanzattiva.

CITTADINANZATTIVA NPO VIA FLAMINIA, 53 00196 ROMA Phone 06.36.71.81 www.cittadinanzattiva.it pit.salute@cittadinanzattiva.it



### This is our list of local offices.

#### Abruzzo

CH Chieti via Sulmona 75 66100 Phone 0871/070624 - <u>annamaria.scapati@fastwebnet.it</u>

#### Alto Adige - Südtirol

Registered office c/o CMG Scs non-profit organization via S.Quirino 40 39100 Phone 327-0475723 - Fax. 0471/407581 Office for appointments: Piazza A.W. Loew-Cadonna, 12 39100 Bolzano (ex Via Amba Alagi 20) 6th floor room no. 619 Tues.10.00/12.00 am - Thurs.3.00/5.00 pm - Phone: 333-5438189 www.cittadinanzattiva-altoadige.org cittadinanzattiva-altoadige@cittadinanzattiva-altoadige.org Only in emergencies 339-6414130

#### Basilicata

MT Policoro c/o ospedale via Salerno 75025 Phone 0835/986306 - <u>cittadinanzattivabas@tiscali.it</u>

#### Calabria

RC Villa S.Giovanni via Famiglie Azzarello 23 89018 Phone 0965/795544 0965/795544 - <u>cittadinanzattivacalabria@yahoo.it</u>

#### Campania

For further information - commissaricampania@cittadinanzattiva.it

#### A GUIDE FOR MIGRANT MOTHERS



#### Emilia-Romagna

BO Bologna via Irma Bandiera 3 40134 Phone 051/19985606 - <u>segreteria@cittadinanzattiva-er.it</u> <u>f.malagrino@cittadinanzattiva.it</u>

#### Friuli Venezia-Giulia

UD Tavagnacco c/o sede Municipio piazza Indipendenza 1 33010 Phone 3338/843200 - <u>c.sanna@cittadinanzattiva.it</u>, informazioni@cittadinanzattivafvg.it

#### Lazio

RM Roma viale Angelico 28 00195 Phone 06/3729924 06/6385881 - roma@cittadinanzattiva.it

#### Liguria

GE Chiavari via Colonn.Franceschi 42 16043 Phone 0185/324612 0185/324612 - <u>cittadinanzattivaliguria@yahoo.it</u>

### Lombardia

MI Milano via Rivoli 4 20121 Phone 02/70009318 02/36532636 - <u>info@cittadinanzattivalombardia.com</u>

#### Marche

AN Ancona via G.Marconi 227 60125 Phone 071/43437 071/2149015 - <u>cittadinanzattiva\_ancona@yahoo.it</u>



#### Molise

Campobasso - cittadinanzattivamolise@gmail.com

#### Piemonte

TO Torino c/o osped.S.Giovanni Antica Sede via Cavour 31 10123 Phone 011/8122381 011/8124473 - catorino@libero.it

#### Puglia

FG San Severo via Cantatore 32 71016 Phone 3292921273 0882/221599 - <u>toninodangelo@libero.it</u>

#### Sardegna

CA Cagliari via Ariosto 24 09129 Phone 070/482526 070/482526 - <u>cittadinanzattivasa1@tiscali.it</u>

#### Sicily

CT Catania c/o Provved.agli Studi via Coviello 15/A 95128 Phone 095/503438 095/503438 - <u>segreteria@cittadinanzattivasicilia.com</u> Tues.Wed.giov.9.00 am / 1.00 pm

#### Tuscany

LU Lucca via Fiorentini 25 55100 Phone 0583/467544 0583/467544 - <u>cittadinanzattivatoscana@email.it</u>

#### A GUIDE FOR MIGRANT MOTHERS



#### Trentino

TN Riva del Garda via Concordia 25 38066 Phone 0464/552869 0464/552869 347/4322164 <u>info@cittadinanzattivadeltrentino.it</u> Tues. 4.30 pm - 6.30 pm Sat .9.30 am / 11.30 am

#### Umbria

Spoleto PG via XXV Aprile 44 - 06049 Tel. 0743/222208 0743/222208 - <u>cittattiv.umbria@libero.it</u> Tues.Wed.Fri. 9. 00 am/12.00 pm

#### Veneto

VR Verona via M.D'Azeglio 27 37123 Phone 338/1519010 - <u>ca.regioneveneto@alice.it</u>

### Valle d'Aosta

cittadinanzattiva.valledaosta@gmail.com



## **USEFUL LINKS**

- http://www.poste.it/azienda/ufficipostali/eli2/soggiorno/
- https://www.inps.it/AgendaSedi/info\_patronati.asp
- http://www.cgil.it/Sedi/default.aspx
- http://www.portaleimmigrazione.it/
- http://www.salute.gov.it/saluteDonna/paginaInternaMenuSaluteDonna.jsp?id =912&menu=strumentieservizi
- www.cittadinanzattiva.it
- http://www.immigrazione.biz/guide/salute.php



Progetto partecipato per il miglioramento dell'accesso al percorso nascita da parte delle donne immigrate, finanziato dal Ministero del Lavoro e delle Politiche Sociali ai sensi della lett. d) o lett. f) della L. 383/2000 – Direttiva annualità 2011



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